

- March 1 – 5:00 AM I can see turbines are facing N. I can hear turbine sound in the computer room (front of house). I can hear louder turbine sounds in the back room of the house. I was woke up 3 times over night by turbine sounds or low frequency noise. When my wife woke up I told her I woke up 3 times overnight. She replied, “I was awake a lot more than that”. It appears other people living in an industrial wind farm are correct. That is; sound and health affects due to sound and low frequency noise and other things emitted from industrial wind turbines gets worse as time goes on living in a wind farm. I agree. 7:10 AM Wind N, loud jet sound, dba 46.6, dbc 67.3. 1:10 PM Wind N, Loud jet sound. 9:20 PM Wind calm, none of the turbines within sight are turning. Maybe tonight at least for a while we’ll get some good sleep.
- March 2 – 5:00 AM I was wrong concerning last night’s sleep. I was awakened 3 times. The last at 4:20 AM. Also I woke up with a headache. Again, I rarely get a headache. 5:30 AM wind N, calm, 13 rpms, loud motor hum. 9:05 AM Wind N, calm, 11 rpms, hum. 10:10 PM. All is quiet in the neighborhood. The turbines are not turning☺
- March 3 – Today is the one year anniversary of walking out of the house and looking for the jet flying over which it was not. It was turbine number 4’s first day of life changing affects to the residents of the Forward project erected by Invenergy. We are at the end of the project construction, whereas turbines were turning months before in the first part of the project. Life has been horrible (much stronger words can be used) since that day as documented by my daily noise diary. It is not just my family and I affected with well known health affects, shadow flicker and property value loss are other affects. Many, many residents of this tax shelter are affected in the same way and with other symptoms. Some are subjected to shadow flicker lasting 41 minutes, six weeks at a time twice a year. Some residents have the night time red, blinking lights flashing in to their living rooms, bedrooms and other rooms of their homes. This is not something we can or should be expected to “get used to”. How can we when it affects our health in such a serious way? Each week I learn of more people that are having health affects they did not experience before the industrial wind turbines were erected. Mostly lack of sleep, interrupted sleep, headaches, ringing in the ears and loss of balance, but there are many more affects on the body not listed here. When news was released that one of the interrogation techniques used by the US at Guantanamo Bay was sleep deprivation the electorate was angry and it had to stop. Residents of wind farms have sleep deprivation on a nightly basis and no one cares. How can this be? Our state legislators and well as the president just keep pushing away recklessly at this horrible, disruptive, health riddled and inefficient form of electrical generation.
- March 3 – 5:40 AM From looking out the windows no turbines turning. 6:15 AM My wife just in frustration commented, “You know what’s the most annoying? The constant ringing in my ears”.6:30 AM About 9 turbines turning at 11 rpms. 9:05 PM Wind SE, Jet sound has returned.
- March 4 – 5:20 AM Wind SSE, Jet sound from turbines 4 & 73. 4:25 PM, 17 rpms. Jet sound.9:35PM Wind SSE. Sound is like one of the low flying corporate jets approaching the Fond du Lac County airport (8 miles away). 11:00 PM I have been upstairs sewing. I could hear turbine sounds over the radio on the floor on my right side. I shut the radio off. There was no refrigerator running or the furnace motor, just the turbine sounds. Sound was dba 37.0, dbc 53.7 in the sewing room or 16.7 difference between the two indicating low frequency noise. I can hear it as I write this at the computer, therefore the noise is upstairs and downstairs.
- March 5 – I was awake several times overnight, but @ 4:28 AM was most interesting and annoying. It sounded like heavy equipment a short distance outside our bedroom window. It was the sounds of turbines 4, 6 & 73. I learned that when I went outside. Very bad I would say, but by our town officials, legislators, PSC and “green” people we must accept this for society and the good of our country. BS. We should be able to experience the quality of life we had before. 6:50 AM Wind SE Loud jet sound mixed with the sound of a Chinook helicopter. 12:15 PM. I’m leaving for our cabin. 7:00 PM. I am at our cabin in the woods. It is so calm. So peaceful. So wonderful. (not turbine sound to ruin life) I’ve almost forgotten what life is like without the constant sound by the invasion of the 86 industrial wind turbines to our rural neighborhood.

- March 6 – 6:15 AM Wind N. At the cabin there is calm and quiet☺. “There are many wonderful sounds of small birds, cranes and other wildlife. 2:10 PM. Wind NW. Of course the first sound we hear when returning home was that of the industrial wind turbines. They are fairly quiet, yet definitely audible. If they are turning they are heard. 4:50 PM wind NW calm. Many turbines are not turning. 9:30 PM Wind NW calm, not turning.
- March 7 – 6:20 AM Wind S, calm. Turbines not turning. That helped sleep and dreaming. 6:30 AM Wind S calm. Turbines are beginning to turn with low hum. 11:50 PM Wind calm, turning slow, Fairly quiet, but audible at 1560’.
- March 8 – 6:20 AM I was woke up 3 times by turbine sound or low frequency noise. I don’t bother looking at the time anymore as this is just expected with putting up with the audible sound and low frequency noise. I hear the turbine sounds as I write this diary at the computer. Loud thumping sounds. 7:10 AM Wind NE. Jet sound. 11:20 AM Wind NW, 12 knots, gusts 17 knots. Very loud jet sound and strong whooshing sound ripping the sky apart:☹ All afternoon the sound was horribly loud. In the house it sounded like a freight train and outside like the tarmac of a large airport even over the strong winds. 8:30 PM Wind N Loud jet sound and whooshing sound. Snow and ice today.
- March 9 - 5:25 AM Wind N Loud jet sound. 5:35AM turbine 4 stopped & restarted by 5:45. 8:00 AM Turbines stopped. 9:50 PM Wind SE Loud jet sound from turbine 4 & 73. I can hear while writing this at the computer. 10:40 PM Sound is loud in our family room, dba 33.7, dbc 56.7 with no TV, frig or furnace running.
- March 10 - It was another restless night of waking up and trying to get back to sleep. This is getting Worse for me. In the past I thought I was getting good sleep, however realized I was not dreaming and was not getting restful sleep. Now it has progressed to waking up 3 or more times a night. When I woke our son up this morning I found he had 2 radios playing which were used to drown out the turbine sounds last night. When waking up our son there were turbines sounds in his room as well as the sewing room. I can hear them in the back room and here at the computer. This is very disturbing. 6:35 AM Wind SE Strong. Loud jet sounds fill the air. 7:00 PM I was upstairs trying to sew and what I heard was the sound of a farmer pulling an Empty gravity box down a bumpy road. No. That was not it. The sound was that of the turbines 9:30 PM Loud jet sound.
- March 11 – 5:20 AM Wind W Strong. Loud, Loud jet sound from turbine 4 & 73. I did not sleep well last night. I woke up a number of times and was very restless. I know one time my wife was up to watch TV and read. She was up from 11:45-2:00. Is this how rural life should be? I don’t think so☹ The more this goes on the more upsetting that this was crammed down our throats and continues around the state and US.
- March 12 – 1:00 AM Wind W. Loud jet sound from turbines 4, 32 and 6. 10:30 AM. Turbines not turning. 6:00 PM Turbines not turning. 9:00 PM. Not turning
- March 13 – 7:05 AM Wind SW, 11 rpms. Hum which of course is audible at 1560’ 8:10 AM Wind SW Jet sound. 10:25 PM In the sewing room it is not relaxing due to loud thumping sound. In the room dba 35.4, Don’t seem so bad, huh? The dbc is 58.4. At the computer loud thumping sound. 10:30 PM Wind SW dba 48.5, dbc 63.5. Jet sound from turbine 4 & 73. I used the meter at 1580’
- March 14 – 5:10 AM I woke up with a headache. When I woke up our son he had 2 radios playing. When awake he told me he had a headache. I asked him why he had a headache he said, “The dam turbines”. 6:10 AM Wind SE Loud jet sound. 11:30 PM I can hear turbine 4 while watching TV. I am old and have the sound on the TV fairly loud.
- March 15 – I was awake often overnight. Before going to bed I had chest pains. Over night they got worse. This has happened two a lesser degree twice before. I have read this is common living close to industrial wind turbines. 7:10 AM Wind SSW, loud hum. 9:30 PM Wind SE, loud motor hum.
- March 16 – 5:00 AM I was awake several time over night. At 4:25 AM I woke with a headache. 5:25 AM Hear thumpina of turbines in our back room. Dba 32.6. dbc 53.8 (in back room). ALL dav I

was outside. The sound from turbines 4 & 73 was very annoying with loud to not so loud jet sound as the wind strengthened and weakened. 9:10 PM Wind SE, 5 knots, jet sound from turbines 4 & 73.

- March 17 – 6:10 AM I have not been outside yet. My wife complained. She could not get to sleep last night so after an hour of trying to sleep got up to read. In part it was the low frequency noise the other part is the constant ringing in her ears. She also gets up to take a pain killer for the headache she has. I was awake at least twice. As I expected after the loud jet sound on March third, 08 this would probably get worse and it is. I am being woke up by the low frequency noise, not getting deep sleep, not having dreams, more anxiety and chest pains. The chest are at some point almost everyday. 3:20 PM Wind SW, Loud jet sound. Today has been a loud turbine noise day. 9:55 PM wind NW, Loud jet sound, but the jet never leaves the area. Some times turbines 4 & 6 sound like a Chinook helicopter pounding the sky. 1000' from turbine dba 47.9, dbc 78.2 at 1560' from turbine 4 dba 47.7, dbc 65.0 and is darn loud. So dba is under the "state/Invenenergy guidelines". It still is too dam loud. 11:35 PM. I was upstairs sewing. I got to hear the thumping of the turbines, therefore it was not at all relaxing. The difference between dba and dbc was 18.7
- March 18 – 5:20 AM Wind NNW, jet sound. 9:10 AM Wind W, 11 rpms. Loud hum. 9:35 PM Jet sound from turbines 4 & 6. We are leaving for the NASCAR races at Bristol, TN
- March 19 – 1:30 PM Arrived at Farmer Bobs Campground. It was a scenic ride here. We are in Thunder Valley, a beautiful mountain range.
- March 20 – 7:30 AM. I slept really good even with camping noise such as 4 wheeler, music and small generators running. Not the low frequency noise we are subjected to at home. I had fantastic dreams which I no longer have at home sleeping in the industrial wind farm we live in. One of the first words my wife mentioned when she woke up is she did not wake up with a headache and did not have ringing in her ears. I have no chest pains or loss of balance. The camp ground noise has not affect like the wind turbines do have.
- March 21 – 7:15 AM It was another wonderful night of sleep with more great dreams. I think my brain is excited to be away from the low frequency noise of the industrial wind turbines of home. Another observation I noticed is I am not tired during the day like at home. This is with no change in the hours of sleep or bed time, just better sleep away from the wind project noise & vibration. My mental state and general feeling is much better. There is a lot of noise here with hundreds of campers, however the electromagnetic fields of the industrial wind turbines or vibrations or low frequency noise does something at home that is not present here in the camp grounds or race track. Even the loud sounds of the race cars are not a negative.
- March 22 – 6:30 AM I woke up. It was another restful night with dreams. We saw a great race today. 10:35 PM We started for the drive home.
- March 23 – 1:30 PM We arrived home from Bristol to the tense feeling of air filled with the hum of wind turbines⊗ Wind SE but could hear the turbines of the strong wind.
- March 24 – Wind SE, strong all day, but turbines were easily heard over the wind.
- March 25 – 5:40 AM Wind SW Jet sound. Most of the day I heard turbines 4, 6 & 73.
- March 26 – 7:10 AM wind SW Loud jet sound. 8:30 PM wind NW Annoying hum. You can see short entries recently. I am so unmotivated and burned out from this constant bashing from the industrial wind turbines. The same goes for typing the diary. I keep putting it off because I have zero motivation to get at it as well as many other things needed to keep a house running.
- March 27 – 6:50 AM Wind SW Jet sound. 1:30 PM Wind SW, 11 rpms. Loud hum. Of course very audible at 1560'. Idiots educated or not that do not live in an industrial wind farm should not be lying publically that industrial wind turbines are barely audible at 1000'. That is a sickening lie.
- March 28 – 7:10 AM Loud jet sound. 9:50 PM Wind NNE Snow, Very loud jet sound from turbines 3 & 3a. My wife just commented with frustration about the ringing in her ears on a constant basis. She also said last week in Bristol, TN she had no ringing or buzzing. I can hear turbine sounds between words while watching TV also here at the computer.

March 29 – 12:15 AM Turbine sound is loud in back room watching TV. Just outside the patio door dba 47, dbc 70.3. In the back room dba 34.7, dbc 57.0. 1:20 AM Our 14 year old has a radio on to cover up the turbine/s sound. I say “a” radio. Sometimes he has 2 radios on to hide the turbine sound. 6:10 AM The first words from my wife. “I didn’t sleep well last night”. That is not a surprise with the dba/dbc difference recorded last night of outside the house at 23.3 db and inside the house at 23.7decibels. 7:10 AM I hear turbine sounds inside the house from the front room, actually all rooms of the house. 7:20 AM wind N, Loud jet sound. 11:00 AM I saw a neighbor in Lomira at a breakfast. He said, “They (turbines) were screaming this morning”. Afternoon, loud jet sound. 5:30 PM I went for a 2 mile walk. It was not relaxing because after listening to the industrial wind turbines all night and day I now was forced to listen to them as I walked. 8:30 PM Wind NW The loud jet sound continues from turbines 4, 3a & 6.

March 30 – Wind N Calm, turbines turning slow yet audible at 1560’ away. 11:55 PM Wind NW turbine 73 louder than #4. Turbine 73 is 2480’ away from the house.

March 31 - 6:50 AM Fairly loud. I could hear turbine sounds at the computer at 6:00 AM. 5:20 PM Jet sound from turbines 4 & 73. 10:10 PM Wind SW Loud, loud jet sound with strong whooshing from turbines 4 & 73 especially &4. 10:40 Wind? I don’t know. I am in the house by the computer and hear turbine noise.